

HERBAL FORMULAS

A HANDS-ON WORKSHOP FOR ALL LEVELS

SATURDAY OCTOBER 1, 9:30 AM - 6:00 PM



MA Center Chicago welcomes Richo and Jebran Cech of Strictly Medicinals LLC (formerly Horizon Herbs) in Williams, Oregon, to share with us their decades-long knowledge of herbal medicine. In this hands-on workshop they will provide an overview of compounding herbal formulas, tinctures for common ailments, making multi-herb infused oils, and salve making. Emphasis is on learning through doing. All levels welcome.

Richo is an expert in the manufacture of liquid herbal extracts, with 3 decades of experience. Together with his son Jebran and the rest of his family, their mission is to sow seeds worldwide for the benefit of people, plants and the planet.

WORKSHOP AGENDA: SATURDAY OCT 1

9:30-10:00 AM	Registration
10:00 AM - 12:15 PM	COMPOUNDING HERBAL FORMULAS: Theory, practice and production of multi-ingredient tinctures, sampling, Q&A
12:15 - 1:00 PM	Lunch
1:00 - 5:30 PM	HANDS-ON LEARNING THROUGH DOING: Infused Herbal Oils, Salve Making, Sampling, Q&A
5:30 - 6:30 PM	Tea and snacks

WORKSHOP FEES

Per person	\$40 (includes lunch)
Children (under age 10)	Free
Optional on-site accommodation	\$40 per night

PAYMENT

PayPal:	CLICK HERE or visit chicago.amma.org
Check:	Make check out to MA Center Chicago Mail to: MA Center Chicago, Attn: Retreat, 41W501 Keslinger Road, Elburn, IL 60119-9454
Cash:	On day of workshop at registration table

VENUE: MA CENTER CHICAGO
41W501 KESLINGER RD
ELBURN, IL 60119

EMAIL: CHICAGO@MACENTERS.ORG
WEBSITE: CHICAGO.AMMA.ORG
PHONE: 630-387-5077